



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25

FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review

WET PAINT

The visual arts class is painting the Port Moody Street Banners in the hallway by the art room 214, back entrance area. The temporary easel setup will be done by November 28th. Thank you for your understanding and patience. Please feel free to check us out as each banner transforms a little a day.

Please be aware of WET PAINT



International/ELL Student



Date: 12th December

Time: 8:30 AM - 3:30 PM

Activities: Granville Island, Cruise

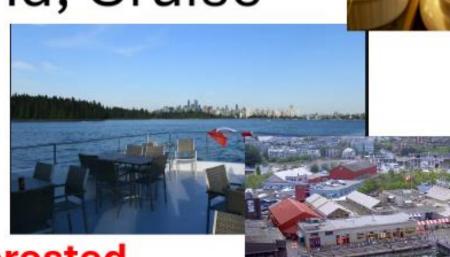
PLUS Holiday Buffet lunch

Cost: \$50

Limited spots available

Please see Ms. Lee (Room 245)

Or email alee@sd43.bc.ca if interested



Volunteers Needed to Serve @Community Dinners

Who? Students interested in culinary or hospitality field/experience

What? Help with Community Dinner (some prep, serve, set up and take down)

When? 4-7:30 PM, 3rd Wednesday every month

Where? St. Stephen's Church (near Lougheed Mall & Cameron Rec. Centre)

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: tmlum@hotmail.com



Lost and Found

Please come to the office to claim your lost items. We currently have the following:

- Airpods

Want to be a background actor for

SIGN UP WITH THIS FORM!



HWSS Fall Writing Contest

Congratulations to all the winners!

Look for our spring contest next semester! Big prizes! Random draws!



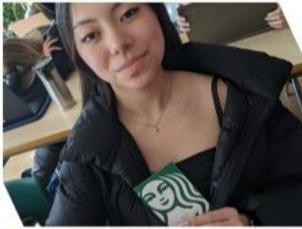






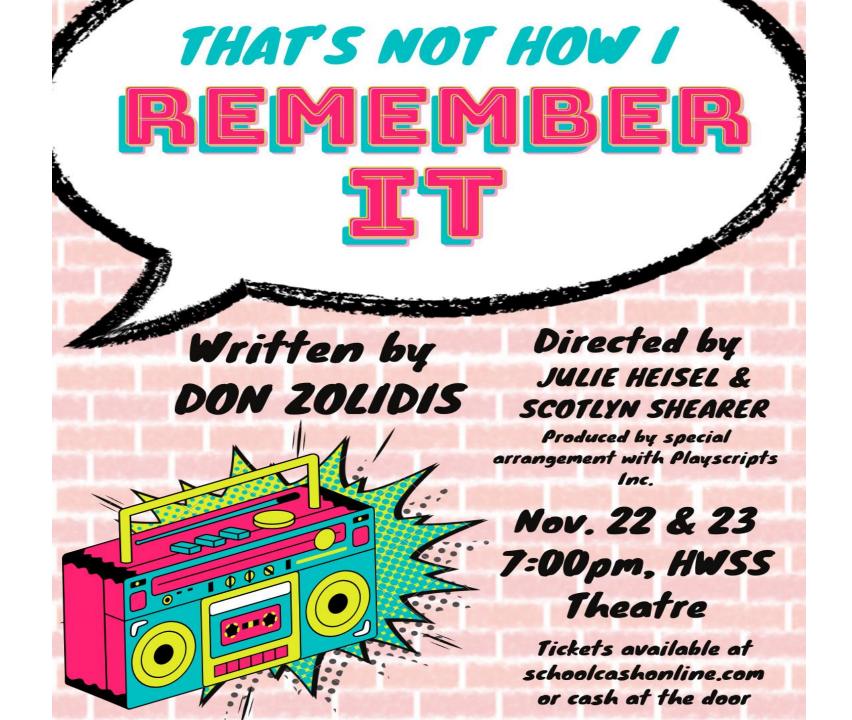


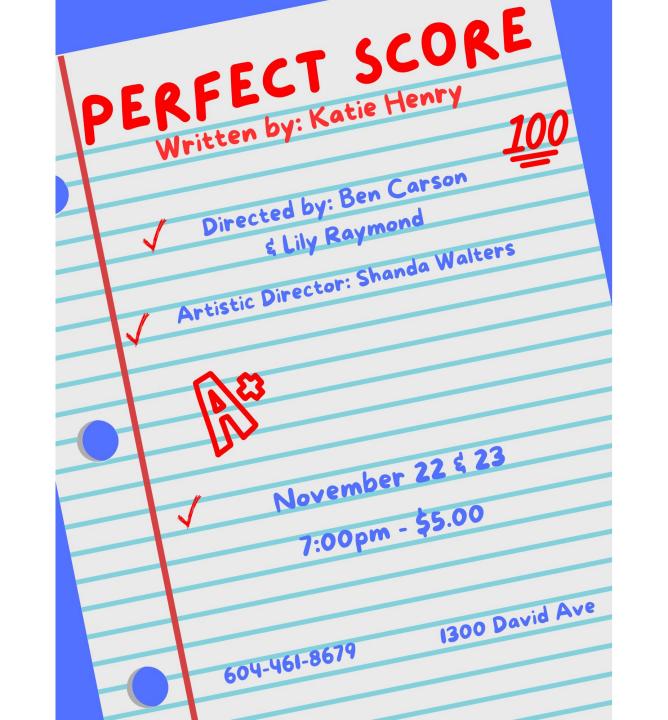








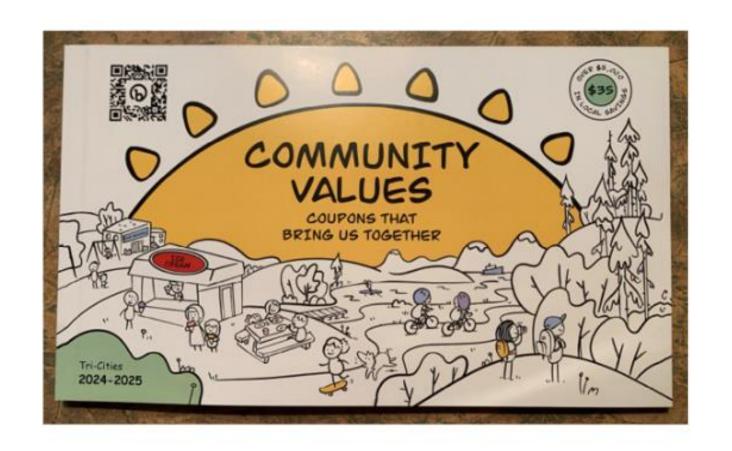






Coupon Books

- Thank you for the support of the music department fundraiser – our Annual coupon book sale final sale day is today – Friday, Nov. 15 – available on C.O.L.
- If you have purchased book(s) you may pick-up in the music office 102 (105) up until Weds. Nov. 20





Holiday Camp for Youth

Monday, Tuesday and Friday, Dec 23-27 Mon, Tues, Thurs and Fri, Dec 30-Jan 3 9am-3pm Recreation Complex Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit portmoody.ca/signmeup to register NOW!

CLUBS





HALL@WEEN MOVIE @ LUNCH

Heritage Woods Film Club Friday, November 15th Room 104

Showing Hotel Transylvania 1 w/ free Popcorn and Candies!



PET PALS CLUB BLANKET DRIVE FOR PETS

DONATE BLANKETS TO KEEP PETS COZY AND COMFORTABLE DURING THE COLD WINTER SEASON!

FROM NOVEMBER 15, FRIDAY
TO NOVEMBER 29, FRIDAY
DELIVER BLANKETS IN THE BOX
BESIDE THE OFFICE



Music - Sectional



Calling all Junior and Intermediate Concert Band Clarinets

Sectional on:

Monday, Nov. 18

at the start of flex.

Attendance will be taken.

KODIAK ATHLETICS



Boys Field Lacrosse Practices



Tuesday, November 19 and Thursday, November 21

3:45 - 5:00 pm



CAREER







2025 Junior Firefighter Programs

School District No. 43 is partnering with **both**Coquitlam Fire Rescue and Port Moody Fire Rescue to
offer two different junior firefighting programs for 2025.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits in the fire service.

EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

PRACTICAL COMPONENT

Tests endurance and teamwork skills



Applications are open Nov. 1-Dec. 6, 2024

Scan the QR code or go to 43 careers.com

- The Coquitlam academy runs out of 1300 Pinetree Way.
- The Port Moody academy runs out of 150 Newport Drive.









Get on-set experience in Hallmark TV movie production with industry directors, writers, & actors.

- On Day 1, you'll take part in industry workshops and a table read as part of the pre-production process and on Day 2, the scene will be filmed. This is an incredible opportunity to gain practical experience that you can take with you into your career.
- WRITERS: Take part in a 2-hr 'Writing Holiday Movies' workshop for insight into how to write heartfelt, funny, and dynamic scenes & characters.
- • Write your version of the final page of the scene.
- The top 6 scripts will be chosen, followed by table reads; a group vote will determine which script is shot.
- ACTORS: Take part in a 2-hr 'Auditioning for Holiday Movies' workshop for insight into the look, tone, & acting technique required to book roles.
- Audition for your chance to play the supporting role in the scene.
- All other actors get to be extras on shooting day.
- **DIRECTORS**: Take part in a 1-hr 'Directing for Holiday Movies' workshop for insight into how to light, block, & direct actors.
- Craft and deliver a 20-second pitch for your chance to shadow the guest director during shooting day.
- https://vfs.edu/content/in-production-bootcamp-christmas-tv-movie.

Nov. 29 – Dec. 01 @ VFS Cost \$150



National Portfolio Day at Emily Carr University



- Looking for a particular type of art schools?
- Showcase your artistic evolution! Visit with counsellors, admissions team members, and faculty from art and design schools for a portfolio review before applying to colleges or universities.
- When Nov 16, 2024 9:30am 3:00pm
- Location On Campus
- Emily Carr University of Art + Design
- 520 E 1st Ave, Vancouver, BC, V5T 0H2 See on Map
- Open to Public? Yes
- Pre-register is available on the Emily Carr following side.
- https://www.ecuad.ca/events/national-portfolio-dayat-ecu

ATTENTION GRADE 12'S

Do you know how to send your Transcripts to Universities and Colleges?

An Information Session will be held on Friday November 15th @ Flex in the Theatre